

Participant Feedback: Trauma-Responsive Supports Currently Used

Meeting them where they are, no judgement

TBRI training for everyone!

Modeling positive behaviors

Attention to staffing caseload

Speak for baby

Teaching them breathing exercises. Fidget toys

Trauma informed policies for agencies

short sentences with pauses

Reflective supervision

Reflective Supervision and Consultation for staff

Wonder together

Peer consultation groups

Quiet time

Going over feelings chart and having them identify their feelings to unpack what is going on.
Also silently being with them

Mindfulness practices

Opportunity to repair

Weekly staffing with supervisors

Serve and return

Parental/caregiver support groups

Therapeutic Childcare rooms/services

Infant Mental Health Consultants

Recognizing potential cultural triggers

Gentle Eye contact

Debriefing

Seen validated and heard

Wraparound services

Therapy, Asking Questions.

including Home Visitors with the family

Sit with them. Give choices

reflective vs reactive

Active listening and letting them talk

PCIT

Advocacy and community education

CPP and other dyadic interventions

Trauma related trainings such as this one

Provide education to parents regarding impact of trauma and build strategies specific to youth needs

Validate feelings

Relationship focused strategies... visuals, modifications, social emotional teaching

Validation

Music for grounding

Strength-based

Co regulation

CPP, IPP,

Parallel Process

Reflective Practices

Being with

Use of language

understanding triggers

Respect for them

Letting them be seen heard and held

Talk to child really listen, give them multiple outlets for anger that is safety

trust based relational intervention

DBT, IMH, MI

EMDR

Active listening, brainstorming about what resources they already have.
Following their lead when they are ready to receive resources

Listening and history and empathy and learning

PCI

Modeling

Pacing of language/activities

Attention to co-regulation

Active listening

Active listening

listening

Nature immersion

Reflective questions

Child Parent Psychotherapy CPP

Universal Screenings

CPP therapy

trauma informed care trainings

Conscious Discipline

Non threatening environment

We use extra help play therapy, more empathy, a calming area

Safe space

Neurodivergent affirming

Infant mental health team provides services at our agency

Educate myself

Empathy, communication, active listening, using team support

Listening to music is great, but when there's a child that doesn't want to listen at all or do anything related sometimes silence is the answer

Reflective listening

Play therapy

We have a magistrate who has done TBRI training
AND all the things I hear others posting

Infant Mental Health

Empathy, letting them talk.

Listening and parent support

TBRI

Feeling wheel

Child Parent Psychotherapy

Empathy

DBT

Play therapy

Relationship building

Listening

Faith

Transparency

Infant mental health hv

Child Parent Psychotherapy Lived Experiences

Play therapy and parent bonding sessions

Child parent psychotherapy

Therapist

Calmness. Listening. Empathy

Using some sensory regulating techniques such as bubbles, coloring etc

EBTs - ARC, TF-CBT, PCIT, CPP

Peer support programs

Parent peer support

Play therapy

Reflective practices

Multiple support services

Help with transitions

Mutual respect

Listening

Gender affirming

None

Faith

Coregulation

Active listening

Reflective practice

Local college professors doing trainings

Life experience!

Family